

# CLEANSE YOUR BODY...THE HEALTHY WAY!



## WHY DETOX?

- Increase Your Energy!
- Sleep Better!
- Ease Joint Discomfort!
- Improve Focus & Memory!
- Improve the Appearance of Your Skin!

## 3 EASY STEPS

- 1 Choose Your Foods
- 2 Design Your Menus
- 3 Make Your Shakes

Cleansing your body of toxins isn't about starving yourself, it's about making small improvements in your diet to improve your health. Xymogen's 6-Day Detox focuses on good, whole foods, such as fresh or frozen fruits and vegetables and quality sources of protein, while eliminating those foods that could be keeping you from looking and feeling your best.

The Detox Renewal Kit is designed to renew and enhance the body's cleansing and detoxification capabilities. It combines four specially selected Xymogen formulations. When taken together, these complementary formulas work in concert to encourage the various detox-linked systems and organs of the body to process and eliminate waste and toxins. The Detox Renewal Kit is a truly complete and thoughtful approach to detoxification, with each kit containing comprehensive dietary supplement shakes, probiotics for healthy cleansing and two different dietary supplements designed to improve gastrointestinal function.

Catherine Stratton is a Registered Dietitian, a Certified Dietitian/Nutritionist and a Board Certified Specialist in Sports Dietetics. With her expert guidance, you can finally cleanse your body of harmful toxins. Cathy can provide the perfect meal plans for you to follow during your 6-day detox so that you feel healthy, full and satisfied. Schedule an appointment with Cathy today to discuss how Xymogen's 6-Day Detox Kit can help you. She is available to help assist you during your detox so that the process is as simple and productive as possible, and she is the perfect person to help you post-detox so that you continue to keep your body healthy and clean and you can continue to reap the benefits of the program long-term.



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